

Trauma-Informed Practices Training

Overview

This training helps educators and school teams shift how they view behavior and understand how trauma and chronic stress impact behavior, learning, and relationships. Participants learn how to respond effectively in the moment while maintaining high expectations and strengthening supportive, relationship-centered environments. While other trauma-informed trainings focus heavily on awareness or theory, this practical program connects understanding directly to action, learning how trauma shows up in behavior.

Audience

- Teachers
- Counselors
- Administrators

Participants Will Be Able To:

- Understand how trauma shows up in behavior
- Recognize triggers and stress responses
- Create emotionally safe learning environments
- Respond with awareness instead of punishment
- Balance accountability with empathy

Program Details

- Interactive, whole-group training
- Guided reflection on student behavior
- Small-group discussions
- Real-life application scenarios
- Customizable training experiences
- Interactive, practice-based learning for school teams
- Available in half-day (3-hour) or full-day (6-hour) sessions

About Bell's Education

Bell's Education is a leadership and organizational development company focused on character education and leadership. We provide practical, relationship-centered training that helps educators and leaders build structured, calm, and supportive environments where expectations are clear, communication is consistent, and people feel a strong sense of belonging. Through emotionally intelligent strategies, we support schools and organizations in strengthening culture, improving behavior responses, and creating spaces where individuals can succeed.

Ready to Bring This Training to Your Team?

Visit www.bellseducation.com to learn more or schedule a consultation.